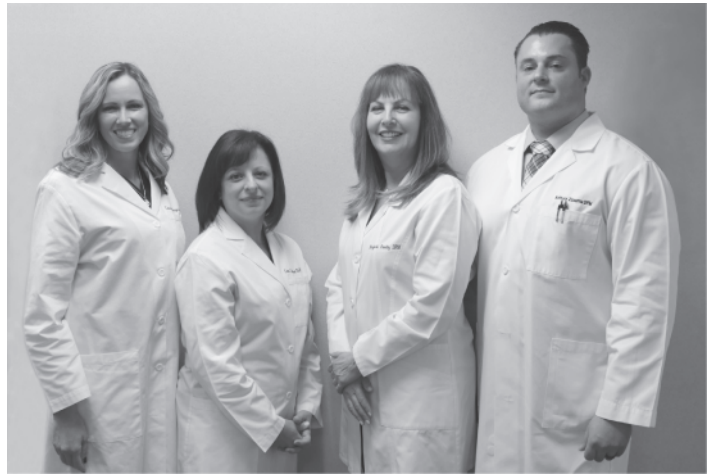


FOOTNOTES

*“Health Care Tips
On The Feet”*

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ONYCHOMYCOSIS

Onychomycosis is an infection of a toenail, usually caused by a fungus. It may appear as a discolored, lifted, or thickened toenail. Fungus can begin to develop in a toenail after a minor trauma to the nail. Some people, like diabetics, are more prone to getting a fungal infection of the toenail. Fungal infections of the toenails can be associated with fungal infections of the skin on the foot or Athlete's foot.

There are other conditions of the nail which can cause an abnormal appearance. Some

of these are nail trauma and psoriasis.

There are various treatment options for fungal infections of the toenail, including topical and oral medications, and sometimes surgery.

Your Podiatrist can do a test on the toenail to identify the cause of the discoloration or change in appearance of the toenail. Appropriate treatment will then be recommended. Early diagnosis and treatment often makes it easier to get rid of the infection.

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