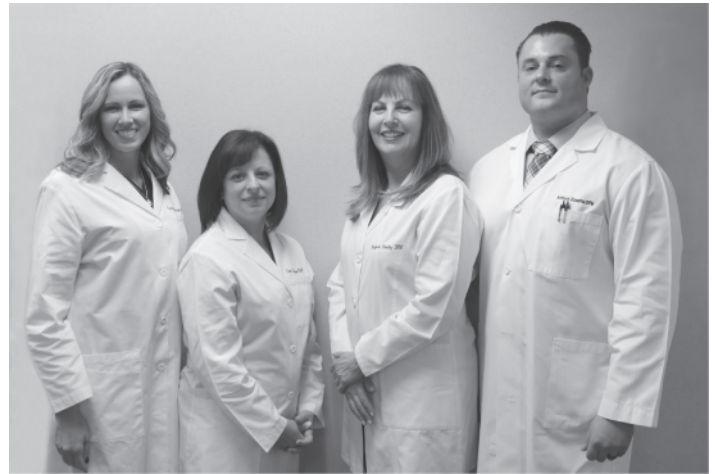


FOOTNOTES

*“Health Care Tips
On The Feet”*

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MELANOMA

The feet can be a site for birthmarks. They can come in a variety of shapes, sizes, and colors. Some of these marks can develop later on in life.

Pigmented or colored moles are fairly common on the feet and although these have a very small chance of becoming malignant, the risk is increased on the sole, the toes, and beneath the nails. The possibility of malignant melanoma must be considered if a pre-existing mole grows, rapidly, changes color, begins

to bleed, or show evidence of surrounding inflammatory reaction. Any suspicious mole should be excised without delay and examined by a Pathologist.

Malignant melanoma is classified according to the level of severity. Certain lesions can be removed easily due to their superficial nature while others may metastasize and need more aggressive treatment.

Your podiatrist can help you decide if a mole is suspicious and remove it if necessary.

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