

FOOTNOTES

*“Health Care Tips
On The Feet”*

by Marjorie C. Ravitz, DPM
Lisa LaRocca, DPM
Lisa Schirripa, DPM
Anthony Zizzamia, DPM



FOOT ODOR

Foot odor is often joked about, but to those who suffer with it, it is a very real problem. It is usually due to the breakdown of skin components and possibly bacteria growth in the event of excess sweating of the feet. This may be visible as superficial pits or a “worm-eaten” appearance around the toes and the weight bearing surface of the feet. A secondary fungal infection may worsen the condition. Measures to reduce sweat production and

to control secondary infection will help alleviate the condition. Talc, spray deodorants, and absorbent insoles are remedies which a person may try before seeking the advice of a Podiatrist. Regular washing and the avoidance of occlusive foot wear are extremely important.

If over-the-counter remedies do not help, a Podiatrist can prescribe medication and make recommendations about appropriate foot wear to treat the condition.

260 Middle Country Road, Suite 104
Smithtown, NY 11787
(631) 724-1166

Members of
APMA
American Podiatric Medical Association